




ASD NEST PROGRAM

PARENT WORKSHOP

<http://steinhardt.nyu.edu/asdnest>

# ASD NEST Family Support Group & Seminar

*Presented by* Michelle Flemen-Tung, M.ED.; Michelle Lee, Ph.D. & special guest Dorothy Siegel



**Thursday evenings  
7-8 pm**



**To register:**

[https://bit.ly/  
NESTparentsupport](https://bit.ly/NESTparentsupport)



**Share your questions  
for our**

**“Dear Dorothy”  
segment**

[https://tinyurl.com/  
deardorothy](https://tinyurl.com/deardorothy)

**Join us and help create a network of support across NYC for ASD families.**

The goal of this series is to provide support for the entire family during these uncertain times. NYU’s ASD Nest Support Team will be offering alternating seminars and support groups for ASD families during these challenging times. They will address how families can approach remote learning demands, support emotional regulation and introduce trauma informed care techniques. The support group sessions will also include a special “Dear Dorothy” segment for families to have their questions answered live by Dorothy Siegel, co-founder of the ASD Nest program.

**Support Groups on: 4/30, 5/14, 5/28, 6/11, 6/25 to register by following the link:**

<https://bit.ly/NESTparentsupport>

**Seminar on Emotional Regulation on 5/7**

**Additional seminars on 5/21, 6/4, 6/18 (topics TBD)**

This ASD Nest Program Parent Workshop is sponsored by the ASD Nest Support Project at New York University’s Steinhardt School of Culture, Education and Human Development. We are grateful to the New York City Department of Education which provides a grant to NYU to provide this workshop.